

**I CLAIM:**

1. A method for treating patients having problems in motor functions,  
said method comprising:
  - a) relaxing a muscle;
  - 5 b) stretching the patient; and
  - c) fixing results achieved in steps a) and b).
2. The method of claim 1, wherein step a precedes step b, and step b  
precedes step c.
3. The method of claim 1, further comprising:
  - 10 d) repeating steps a) through c).
4. The method of claim 1, wherein the relaxing step comprises applying  
acupressure to points of influence.
5. The method of claim 4, wherein acupressure is applied from a direction  
perpendicular to the patient's body with gentle vibration.
- 15 6. The method of claim 4, wherein acupressure is applied to substantially  
all points of influences.
7. The method of claim 1, wherein the stretching step comprises hanging  
the patient on a horizontal bar.
8. The method of claim 7, wherein the patient's arms are substantially  
20 vertical.

9. The method of claim 7, wherein the patient's body is substantially vertical.
10. The method of claim 7, wherein the patient hangs from the horizontal bar by his arms.
- 5 11. The method of claim 7, wherein the patient's body does not touch the floor.
12. The method of claim 1, wherein the fixing state comprises hydrotherapy.
13. The method of claim 12, wherein the hydrotherapy comprises floating  
10 the patient on water while supporting the patient under the head and coccyx.
14. The method of claim 12, wherein the hydrotherapy comprises water at a temperature of about 34° -36° C.
15. The method of claim 1, wherein the problems in motor functions result from cerebral palsy.
- 15 16. The method of claim 1, wherein steps a), b) and c) are performed by a therapist.
17. The method of claim 1, further comprising additional treatment selected from the group consisting of horse-riding therapy, music therapy, pets therapy, movement therapy, other physical therapy, and combinations thereof.

18. The method of claim 1, wherein the relaxing step lasts about 50-60 minutes.

19. The method of claim 1, wherein the stretching step lasts about 60-90 seconds.

5 20. The method of claim 1, wherein the fixing step lasts at least about 5 minutes.